

## HOW DO YOU KEEP HEALTHY?

WHAT'S HEALTHY? WHAT'S LESS HEALTHY? MATCH THE WORDS WITH THE RIGHT GROUP!

JAM

CHICKEN

CAKE

COKE

BISCUITS

CANDIES

FISH

ICE CREAM

APPLE

HAMBURGER

ROAST BEEF

ORANGE JUICE

CUCUMBER

PEAS

WATER

FRENCH FRIES

RICE

MILK

CHOCOLATE

EGGS

HEALTHY

LESS HEALTHY