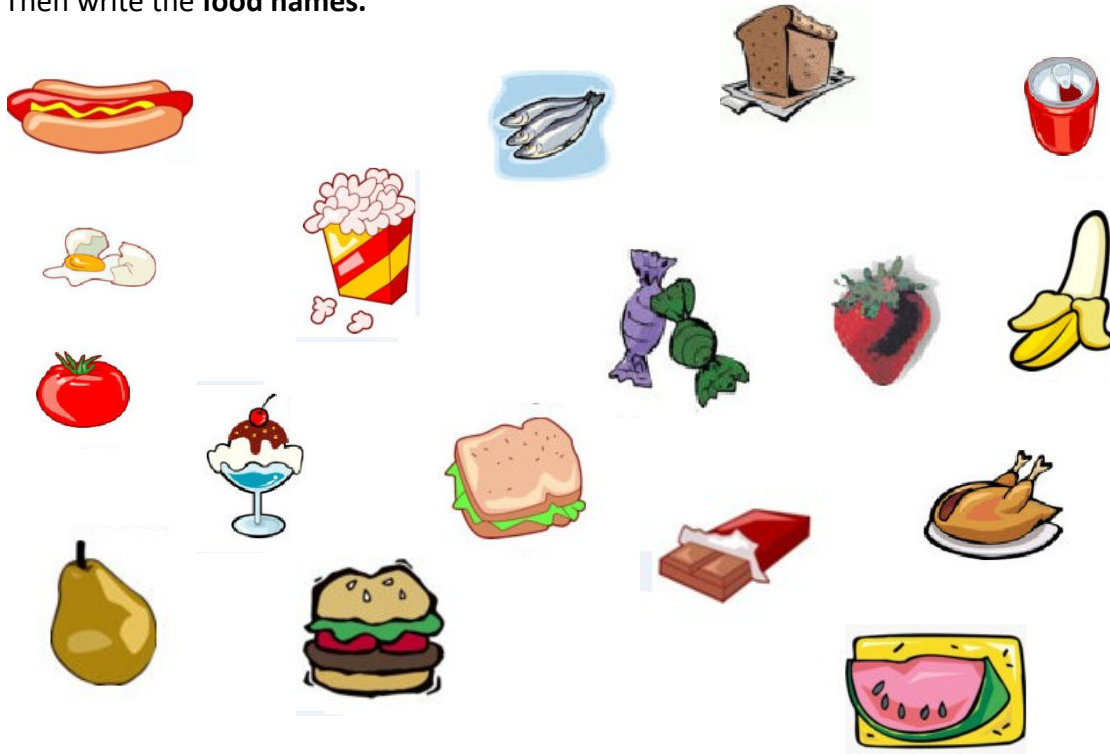


# Welcome to the world of nutrition

1. Circle in **Blue** the **healthy food** that you find below and in **Red** the **unhealthy ones**.

Then write the **food names**.



2. According to the previous exercise, sort out the food from the images classifying them inside the following food pyramid. Then, write the corresponding name of the food group.

