

P.E. CHALLENGE:

Warm up activity

Let's talk about sport

- Do you play any sports these days? If not, how do you get exercise?
- Which sports do you enjoy watching on TV? How much time do you spend watching them?
- Have you watched any sports live at the sports ground or stadium? How was the experience? Was it better than watching on TV?
- Are there any sports you can't stand to see on TV?
- Which sports are they?
- Which is the most dangerous sport in your opinion? What kind of injuries occur when people play it?
- Which sports is your country best at? Why/how is your country strong?
- Is sport an important part of education? What does it teach us?
- Who is your all-time favorite sportsperson?

orts.

Which sports do you know?

Look at the flashcards and try to guess the name of the sports activities.



- Print the flash-cards.
- <http://learnenglishkids.britishcouncil.org/en/worksheets/olympic-and-paralympic-games>
Print
- <https://learnenglishkids.britishcouncil.org/en/worksheets/sports> Print the worksheet.
- Listen to the song and write the sports: <https://www.youtube.com/watch?v=UExR8GZmRLA>

- Groupwork: choose a sports activity, search on the Internet for worksheets about sports equipment (what do you need to play...), rules (which are the rules?) and outcome (as a result I can...). Working in groups prepare a list.
- Work in pairs. Let's find a sport you do not know in « Strange sports around the world». Find out what they are like.
- <https://www.google.com/search?q=strange+sports+around+the+world&oq=strange+sports+&aqs=chrome.3.69i57j0l5.7440j0j4&sourceid=chrome&ie=UTF-8>
- Let's play together following the teacher's instructions.
- PE-Challenge: create your own PE game. Print the activity sheet.

<https://www.englishclub.com/esl-worksheets/find-someone-who/ec-find-someone-who-grammar-gerunds-hobbies.pdf> The students work in groups and fill in the exercise.

<https://englishworksheets.com/hobbies%20and%20interests%20vocabulary%20matching%20exercise%20worksheet.pdf> The students work in pairs and write the words under the correct pictures.

SUMMER SPORTS WORD SEARCH



E Z Y O I U L X X G F Q E F F
 E L C Y C I B L Y E D R T Z E
 A U V J E H I M A C L C E B M
 T K B B F X N C Z B A K D D I
 H K W F M A S R G V E S W P T
 L S P P S I H O Z N B S U H F
 E S T T N I F S N W I G A Q L
 T X I N G B S S W E R T R B A
 E C E K T T F C C I C K A J H
 S T A P A F S O O L M I B O U
 M L K D O C C U Q A S M W S B
 T H I Y H E O N E O W C I E X
 Z U A J A S R T A G F D U N V
 M L S O C C E R O E R D C B G
 P S V L L A B Y E L L O V L A

Athlete
 Baseball
 Bicycle
 Boating

Cross Country
 Goalie
 Gymnastics
 Halftime

Playoffs
 Score
 Scuba
 Soccer

Stadium
 Swimming
 Tennis
 Volley Ball





Sports



H K H D W W R J Q C V E
O F O I A G J L Y R O E
H H C F O O T B A L L Z
F G K B A S E B A L L R
O A E I H Y S M H U E U
V A Y W A F Q Q D O Y N
S W I M M I N G A F B N
O I G B D T E M A B A I
C B M Z Z G O L F Y L N
C B A S K E T B A L L G
E C T E N N I S V S M Z
R L C J D A E O E J Q A



SOCER BASKETBALL
BASEBALL FOOTBALL
VOLLEYBALL SWIMMING
HOCKEY RUNNING
TENNIS GOLF





Sport / Activities

PLAY GO or DO ?


Decide whether to use PLAY, GO or DO and complete the table.



soccer boxing ice-hockey golf
football basketball bowling gymnastics dancing
judo skating rugby press-ups table tennis
running swimming cycling chess
hockey volleyball yoga sailing
kungfu aerobics fishing skiing karate
athletics puzzles hiking

Play	Go	Do

Why I like sports



Read the text.

I'm Gopher and I love sports. My favourite sport is baseball. I play it twice a week with my friends from school. My dad taught me a lot about baseball. We used to practice in our garden at home. I once broke our kitchen window and mum wasn't too happy. Nowadays my dad has become quite lazy and it's hard to get him off the couch. Have you ever had an accident while playing sports? Tell the class.


Questions for Gopher about his father:

- (sports/father/like) What sports does your father like?
- (prefer/watching/playing)
- (where)
- (how often)
- (when)

Gopher's younger brother Max is into golf. He'd like to become the new Tiger Woods, so he has already started cheating on his girlfriend. Unfortunately, his golf game hasn't improved much yet.

Give him some tips to get better:

- Buy better golf balls.
-
-
-
-



How many ball sports do you know? ↑

Work in a group.

Explain the rules of one sport.

Football (AmE soccer)


- American football
-
-
-
-
-
-
-
-
-

Why practising sports is good for you:

- Your parents will stop nagging you.
-
-
-
-
-
-

Interview a friend: report to the class.

- What's your favourite sport?
- How often do you play it?
- When was the last time you played it?
- Do you prefer team sports or individual sports?
- Do you think sports are important? Why (not)?
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The students work in pairs or in groups and learn the vocabulary.

In the gym they try a warm-up activity following the teacher's instructions.

When the professional basketball players come to school, 18 young basketball players play with them.



